

Fruit Cereal

Ingredients:

1. Fresh Fruit, whatever you like
2. Coconut Milk, canned or fresh if you know how to make it
3. [Flax Seed and Nut Granola](#), or another granola type substance that you prefer, something with a little crunch.

Today, we took some cut up cantaloupe, green grapes, and blueberries. (Use whatever fruits you want/like/crave) Drizzle a little coconut milk all over the top, don't smother it, drizzle it. Next, sprinkle some [Granola](#) on top. Lastly, eat and enjoy.